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[INORGANIC CHEMISTRY IN BIOLOGICAL SYSTEM]

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## INORGANIC CHEMISTRY IN BIOLOGICAL SYSTEMS:-

### Biological importance of Na and K –

- Living organisms require at least 27 elements, of which 15 are metals. Metals required in major quantities are K, Mg, Na and Ca; minor quantities of Mn, Fe, Co, Cu, Zn and Mo; and trace amounts of some other elements.
- Bulk quantities of Group 1 and 2 metals are required, mainly to balance the electrical charges associated with negatively charged organic macromolecules in the cell and also to maintain the osmotic pressure inside the cell, to keep it turgid and prevent its collapse.
- The biological functions of Na and K are very different.  $\text{Na}^+$  ions are actively expelled from cells, whereas  $\text{K}^+$  ions are not. This ion transport is sometimes called a sodium pump and it involves both the active expulsion of  $\text{Na}^+$  and active uptake of  $\text{K}^+$ .
- In animal cells the concentration of  $\text{K}^+$  is about 0.15M and the concentration of  $\text{Na}^+$  is about 0.01M. In body fluids (lymph and blood) the concentrations of  $\text{K}^+$  and  $\text{Na}^+$  are about 0.003M and 0.15M respectively.
- The transport of ions requires energy and this is obtained by the hydrolysis of ATP. It is estimated that hydrolysis of one ATP molecule to ADP provides enough energy to move three  $\text{Na}^+$  ions out of the cell and two  $\text{K}^+$  and one  $\text{H}^+$  ions back into the cell. The mechanism for ion transport involves proteins natural to the organism.

- The different ratio of Na to K' inside and outside cells produced on electrical potential across the cell members. Which is essential for the functioning of nerve and muscle cells.
- The movement of glucose into cells is associated with Na<sup>+</sup> ions, they enter the cell together. This is favour by a high concentration gradient. The Na<sup>+</sup> ions entering the cell in the way must then be expelled. The movement of amino acids is similar.
- K<sup>+</sup> ions inside the cell are essential for the metabolism of glucose the synthesis of proteins and the activation of some enzymes.

### Biological importance of Iron (Fe):-

This is essential in small amount for both plant and animal life; however. It is toxic in larger quantities. Biologically iron is most importance transition element, it involved in several different process, which are given below.

- (1) As an oxygen carrier in the blood of mammals, birds and fish in the from of Haemoglobin.
- (2) For oxygen storage in muscles tissue, in the form of myoglobin.
- (3) As an electron carrier in plants, animals and bacteria in the form of cytochromes and for electron transfer in plant and bacteria in the form of ferredoxins.
- (4) As for storage an scavenging of Fe in animals in the form of ferritin and transferrin.

- (5) As nitrogenase, which is an enzyme in dinitrogen fixing bacteria.
- (6) As a number of other enzyme for examples –
  - (a) Aldehyde oxidase, it oxidises aldehyde.
  - (b) Catalase and peroxidase, it decomposes  $H_2O_2$ .
  - (c) Succinic dehydrogenase, it performs aerobic – oxidation of carbohydrate.

### “Haemoglobin”

The human contains about 4 gm of iron about 70% of is found as haemoglobin. Haemoglobin is red pigment in the carry RBC.

The function of haemoglobin is to pick – up  $O_2$  at the lungs. Now the arteries carry blood to that part of the body. Where  $O_2$  is required. Here  $O_2$  is transferred to myoglobin molecule and stored until the  $O_2$  is required to release energy for glucose (sugar). When  $O_2$  is removed to haemoglobin it is replaced by a water molecule. Next the protein part of haemoglobin absorb  $H^+$  ion which comes from ionization of  $H_2CO_3$ . (Dissolve), Thus haemoglobin indirectly help to remove  $CO_2$  form tissues, in the following manner.

Dissolve  $CO_2$  i.e  $H_2CO_3$  ionises as  $H^+$  ion and  $HCO_3^-$  ion. Now haemoglobin pick – up this  $H^+$  ion and  $HCO_3^-$  ion goes in to the solution in more soluble form. Now, the reduced haemoglobin and  $HCO_3^-$  both reach to the lung. Here in the lune haemoglobin give up  $H^+$  ion and this  $H^+$  ion

after combining with  $\text{HCO}_3^-$  (present in the soluble part of the blood) to give again  $\text{H}_2\text{CO}_3$  (soluble  $\text{CO}_2$ ). Now this  $\text{H}_2\text{CO}_3$  gives  $\text{CO}_2$  to exhale air.

In this way haemoglobin acts as direct carrier of  $\text{O}_2$ , but indirect carrier of  $\text{CO}_2$ .

The oxygenated part of haemoglobin is called as oxyhaemoglobin and reduced form is deoxyhaemoglobin (the oxidation state of iron in haemoglobin +2).

Other group such as  $\text{CO}$ ,  $\text{CN}^-$ ,  $\text{PF}_3$  etc can occupy the  $\text{O}_2$  site, because these ligands are much more stronger than  $\text{O}_2$  ligand. Thus, due to presence of these unwanted ligands may cause death,  $\text{CN}^-$  also interfere the cytochrome enzyme system which is principle, reason for its extreme toxicity.

Haemoglobin has a molecular weight nearly 65000 and it is made sub town subunits, each subunit comprises a porphyrin complex haem, central  $\text{Fe}^{2+}$  bonded to four N – atom and a globulin protein globin. The globin coordinates to  $\text{Fe}^{2+}$  in haem through N – atom. The sixth position round the  $\text{Fe}^{2+}$  is occupied by  $\text{O}_2$  molecule or  $\text{H}_2\text{O}$  molecule. Four subunits of haemoglobin called haem a attached with each other with the help of hydrogen bonding and hence, its  $\text{O}_2$  attraction ability increases 4 – times. This phenomenon is co – operative effect. As the value of pH of blood decreases, the affinity of  $\text{O}_2$  of blood decreases but as the blood is buffered this has only a slight effect.

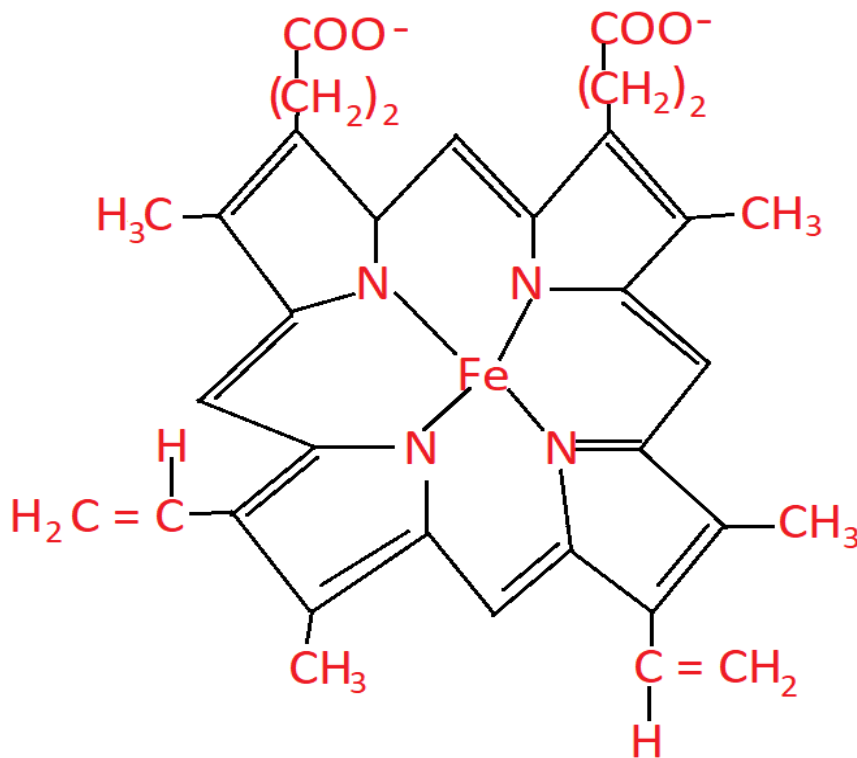


Fig :- Structure of Haem

### "Myoglobin"

Myoglobin is used to store O<sub>2</sub> in muscles myoglobin is similar to one of the unit of haemoglobin. It contains only one Fe – atom. It has molecular weight 17000 and binds O<sub>2</sub> more strongly than haemoglobin.

### "Cytochromes"

Cytochromes are divided in to three groups.

- (i) Cytochrome a
- (ii) Cytochrome b
- (iii) Cytochrome c

In all cytochrome four haem units are present. It has molecular weight 12400. As in haemoglobin Fe is bonded with four preparing ring and fifth site is occupied by N – atom from the associated proteins the big difference is tat

the position is occupied by S – atom of methionine. Which is part of cytochrome.

Cytochrome are involved in release of energy by oxidising glucose with molecular O<sub>2</sub> in the mitochondria inside dividing cells.

Here, Fe – atom changes to ii – state to iii – state, reversibly. The energy is stored in form of ATP (adenosine triphosphate) which is used when required by the cell.

### Biological importance of cobalt (Co):-

(i) Cobalt is biologically important in some enzymes. eg – glutamic, these are involved in the metabolism of amino acids and ribonucleotide reductase in the biosynthesis of DNA.

Traces of cobalt are essential in diet of animals. Some sheep raised in Australia, New Zealand, Florida and Britain suffered from a deficiency disease. Which was traced to them grazing on cobalt deficiency soil. This can be remedied either by treating the soil periodically or by forcing the animals to swallow pellets of cobalt.

Larger amounts of cobalt (Co) appear to be harmful. Traces of Co (1 – 1.5ppm) are added to beer to make it froth better. This has been linked with an increased rate of heart failure among heavy beer drinkers who have a dietary

deficiency of protein (or thiamine).

- (ii) Vitamin B<sub>12</sub> is an important cobalt complex. The vitamin was isolated from liver after it was found that eating large quantities of raw liver after it was an effective treatment of pernicious anaemia (Deficiency of blood). Injection of vitamin B<sub>12</sub> are now used for treatment. Here in vitamin B<sub>12</sub> cobalt is present in +3 oxidation state.
- (iii) Methylcobalamin is important in the metabolism of certain bacteria which produce methane.

#### Biological importance of calcium (Ca):-

Ca<sup>+2</sup> is concentrated in body outside the cell. Ca<sup>+2</sup> is important in bones and teeth as apatite, mineral, Ca<sub>5</sub>(PO<sub>4</sub>)<sub>3</sub>OH, F Cl, [Ca<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>] and the enamel of teeth fluorapatite {3[Ca(PO<sub>4</sub>)<sub>2</sub>]CaF<sub>2</sub>}. Ca<sup>+2</sup> ions are important in blood clotting and to trigger the contraction of muscle and to maintain the regular beating of the heart.

#### Biological importance of Magnesium (Mg):-

Mg<sup>+2</sup> ions are concentrated in animal cells. Mg<sup>+2</sup> ions from a urea with ATP (Adenosine Triphosphate). And are constituents of phosphate hydrolases and phosphotransferases which are enzymes for reactions involving ATP and energy release. They are also essential for.